

Siyam - TO Abstain. To refrain. Fasting
 A Pillar of Islam
 Allah Prescribed Siyam in 2:
 During month of Ramadan

Sighting the new moon of Ramadan marks the beginning of Siyam.

If New moon not sighted on 29th of Sha'ban then the Next day is considered its 30th day.

Moon must be sighted by 2 trustworthy male witnesses, or by many people *1

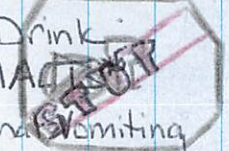
The cloudy night of the 29th caused Day of Doubt *2

The Conditions Making the fast of Ramadan Fard:

- Being Muslim
- Sanity
- Adulthood (Puberty is reached) *3
- In Good health to fast
- In Place of Residence not a traveler
- Not menstruating or Post Natal bleeding

The Fard elements are 1st Intentions *4

Abstain from:

- Food & Drink
- Sexual ACTS 
- Intentional Vomiting
- Things entering stomach by passing through ears, noses or eyes
- Smoking

The Sunna elements are

Rushing to breakfast, not prolonging it.

Breaking it with a date & water

Prolonging the Suhoor Meal



It is Disliked to;

- Taste food while fasting
- Include in ~~alot of unnecessary talk~~
- Kiss, fondle, look sexually with One's Spouse
- To use tooth paste since one may allow it to reach the throat.

*1: If you are the only person to sight moon you are obligated to fast

*2: The day of doubt is disliked to fast on but not haram

*3: Puberty is determined by a wet dream or pubic hair that is coarse for males and menstruation for females or 18 lunar years for both

*4: The intent is made the night prior to fast. One can make one intent for the whole month or repeat it every night

*5: Unintentional ejaculations or dreams (wet dreams) does not break fast

Assignment 2

If the fast is broken it must be made up.

• If broken intentionally without an excuse, then expiation is done.

If broken without excuse one still should abstain from food drink & sex.

• If broken unintentionally no expiation on the day made up.

Zatim: Drinking, Smoking, Circulation, no intention breakfast.

The recommended fasting

During the month of Rejab

During the month of Sha'ban

The 10th of Muharram / or whole month

The 8th & 9th of Hijra / or first nine days

The Valid excuse for breaking fast

Old Age *1

Pregnancy w/ fear of child's health

Breastfeeding w/ fear of child's health *2

illness / Potential illness / worse illness

• Breakfast before one is actually a traveller

thinking he/she is

Continuing to eat after one forgetfully breaks fast

• These do not require expiation.

The expiations for breaking fast;

Fasting 2 months badaius non-stop

Freeing a muslim slave

Feeding 60 poor muslim

What else to know...

• Menstruation / Postnatal bleeding between Maawib fair removes the obligation to fast

• Insanity or unconsciousness at fair also remove obligation.

• Fast should still be made up

• Intentionate renewal if fast is broke *3

*1. If one is not able to fast he/she should feed poor muslims and has no days to make up

*2. She feeds someone for the day(s) missed and makes up the days.

*3. This is if one makes an intention for the entire month